



Diphenhydramine (Benadryl®) Dosing*

**The American Academy of Pediatrics does not recommend the use of diphenhydramine under six (6) months of age*

When to use: We recommend diphenhydramine (Benadryl®) for temporary and partial relief of mild allergy symptoms (hives, itching, insect bites) in children older than 6 months. Benadryl may cause sedation but some children may become anxious or excited while taking it.

How often: Every 6-8 hours as needed.

Any child who is having a **severe allergic reaction** (widespread hives, wheezing, difficulty breathing, shortness of breath, or other severe symptoms) should seek medical attention immediately.

Weight	Suspension 12.5 mg / 5 mL	Chewable Tablets 12.5 mg tabs	Tablets 25 mg tabs
11 - 16 lbs.	2.5 mL		
17 - 21lbs.	3.75 mL		
22 - 27 lbs.	5 mL	1 tab	
28 - 32 lbs.	6.25 mL	1¼ tabs	
33 - 38 lbs.	7.5 mL	1½ tabs	
39 - 43 lbs.	8.75 mL	1¾ tabs	
44 - 54 lbs.	10 mL	2 tabs	1 tab
55 - 65 lbs.	12.5 mL	2½ tabs	1 tabs
66 - 87 lbs.	15 mL	3 tabs	1½ tabs
Over 88 lbs.	20 mL	4 tabs	2 tabs