

Infection Control

Using Evidence Practice to ensure
health and safety
of patients and staff.

Objectives

- Describe what, when, and how to perform **hand hygiene**
- Review the fundamentals of **isolation precautions** and what they mean
- Describe **Tuberculosis** in Alaska
- Review OSHA requirements for **blood-borne pathogen** training
- Discuss **Employee Health** Services

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- **Contact us at: 2-4829**
 - **Office Hours:**
 - Monday – Friday
 - 8am - 4:30pm
- Contact shift supervisor with off-hours concerns



PAMC Policy Manual

Providence Alaska Medical Center

Alaska Medical Center



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Westlake Text Paging

Epic

CE Direct 2.1

Providence Alaska Medical Center

- Articles
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Log in to complete your health assessment

read more

Additional Headlines

Published	Subject
11/8/2011	Donations needed for Catholic Social Services
11/8/2011	Management of diabetes & DKA in children
11/8/2011	Providence succeeds in sock drive
11/7/2011	Pumpkin contest winners announced
11/7/2011	Join the Healthy Holidays challenge
11/7/2011	Retirement Tea for Jo Klue, Nov. 7

PAMC Policies

PAMC Department News

Providence succeeds in sock drive

Journey to Excellence

Indicator	Status
Patient Experience	▲
Patient Falls	◆
Hand Hygiene	▲
Blood Stream Infections	▲
Pressure Ulcers	◆
Pain Management	▲

Documents Central

- ▢ Policies
- ▢ Forms

Nursing

- ▢ Clinical Toolbox
- ▢ PAMC Clinical Councils
- ▢ Magnet Journey

Education (PALI)

- ▢ Competency & Educator Support
- ▢ Education Calendar
- ▢ New PALI Courses
- ▢ Required Education

View All



Hand Hygiene

Measured by

- ✓ Patient Perception via Press Ganey Survey
- ✓ Direct Observations

**BECAUSE WE CARE ABOUT YOU,
IT'S OKAY TO ASK** US IF

**WE HAVE
WASHED
OUR
HANDS.**



**IT ONLY TAKES A FEW SIMPLE WORDS
TO ENCOURAGE THIS HEALTHY HABIT—**

- "EXCUSE ME, DID YOU WASH YOUR HANDS?"
- "I SAW YOU WASH YOUR HANDS—THANK YOU!"

Hand Hygiene

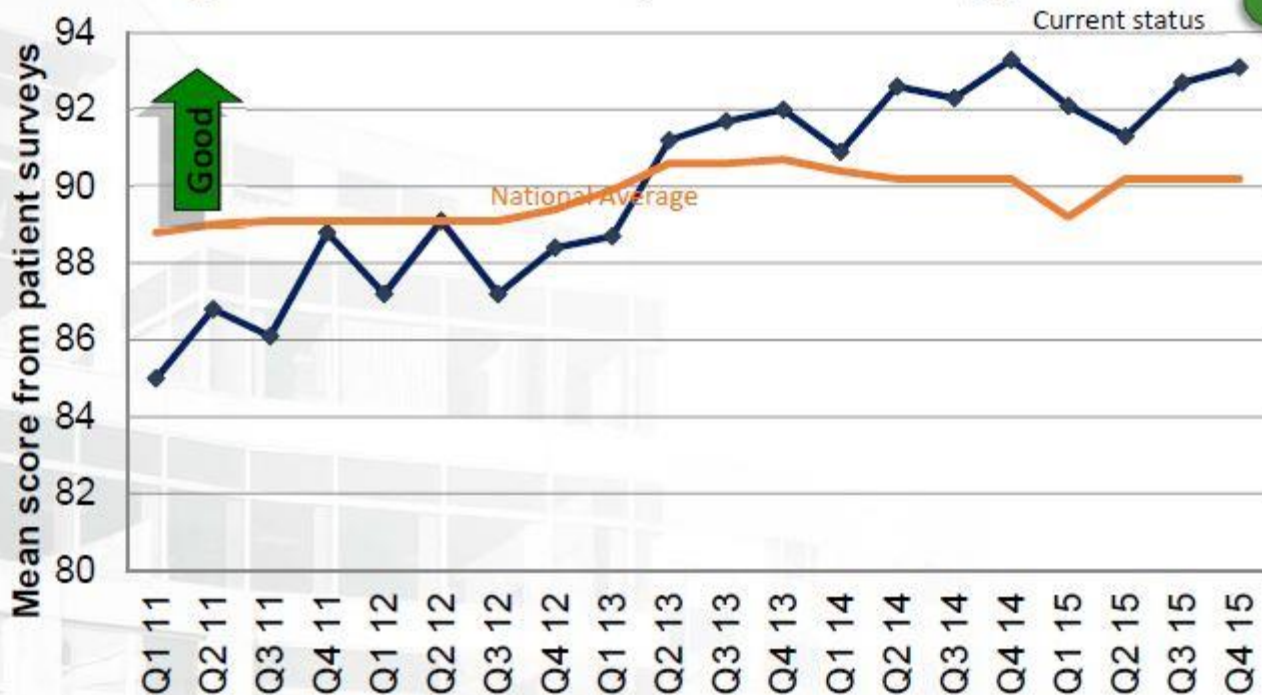
Inpatient

These scores reflect survey data for our patients perception of Hand Hygiene and how we compare to other hospitals across the US.

Please wash your hands and encourage others to as well.

it's **OKAY TO ASK**

Inpatient Patient Perception of Hand Hygiene



Under US Average



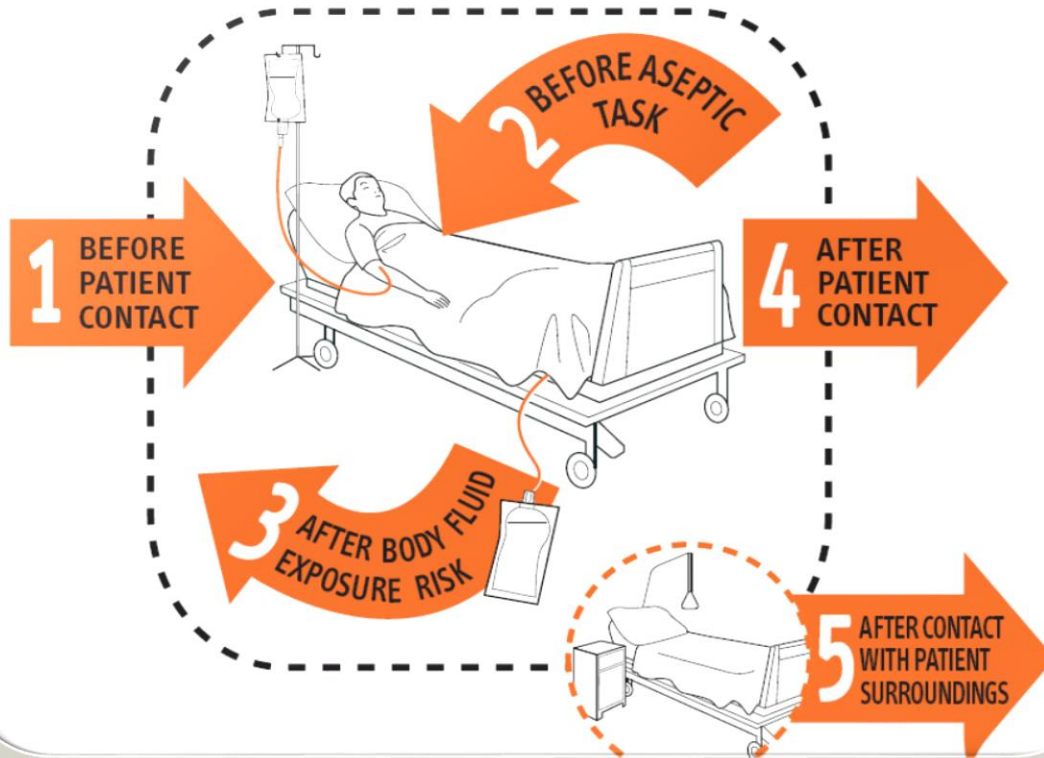
At or slightly better than US ave.



Above US Ave.

When Does Hand Hygiene Occur?

Your 5 moments for HAND HYGIENE



Skin Care Basics

- **Provon soap**
- **Purell Hand Sanitizer**
- **No home lotions or hand sanitizers**

No artificial, gel or shellac nails for patient care

Keep natural nails less than ¼ inch long



Pop Quiz!!

**How long should
you wash your
hands?**



How long should you wash your hands?

- 20-25 seconds
- Some say to sing “Happy Birthday” in your head while washing.

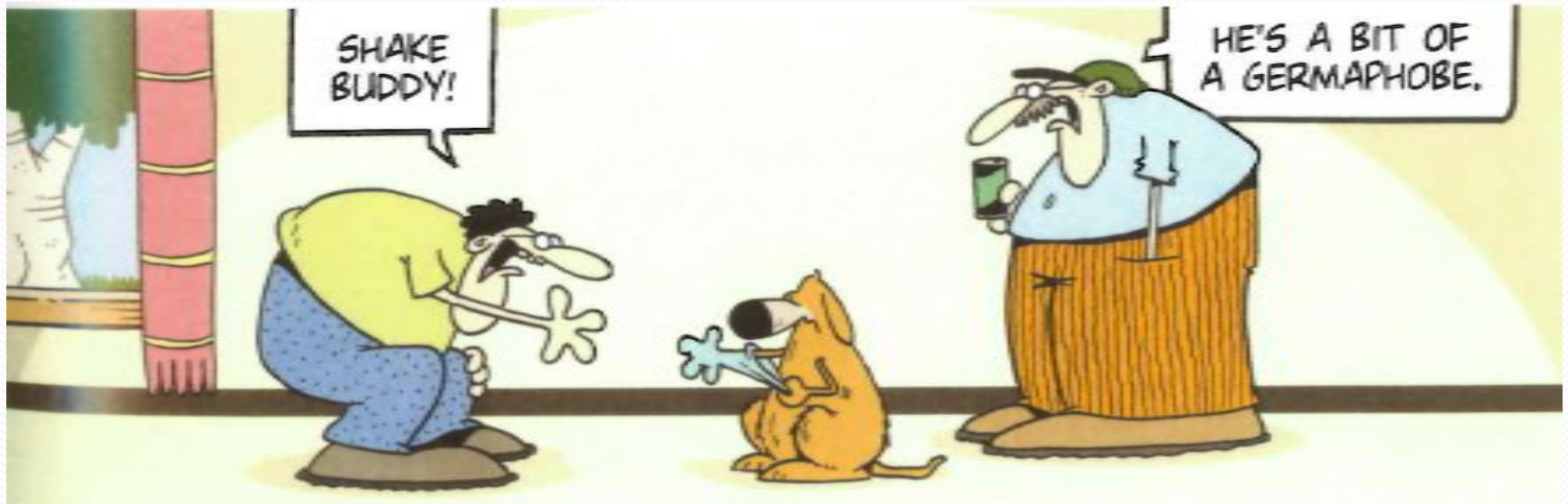
Standard Precautions

All Patients – All the Time

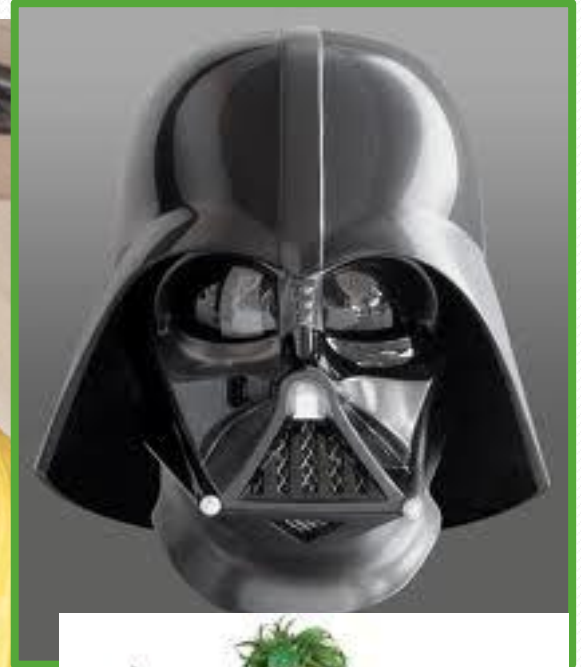


Wash or sanitize
your hands....
Before and after
Patient Contact

Know when to use PPE



Use correct PPE



Put PPE on correctly

SEQUENCE FOR PUTTING ON PPE

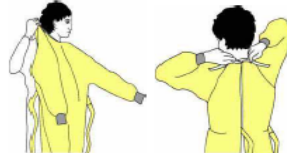
HAND HYGIENE

- Perform hand hygiene



GOWN

- Fully cover torso from neck to knees, arms to end of wrists, and wrap around the back
- Fasten at the back of neck and waist



MASK or RESPIRATOR

- Secure ties or elastic bands at middle of head and neck



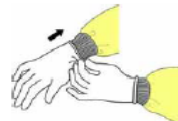
PROTECTIVE EYEWEAR OR FACE SHIELD

- Place over face and eyes and adjust to fit



GLOVES

- Extend to cover wrist of isolation gown

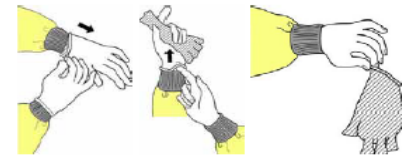


Note that for surgical procedures and dentistry, the sequence for putting on PPE differs. In these situations, masks and protective eyewear are applied first prior to hand preparation. Gown and gloves are then put on.

SEQUENCE FOR REMOVING PPE

GLOVES

- **Outside of glove is contaminated!**
- Grasp outside of glove with opposite gloved hand; peel off
- Hold removed glove in gloved hand
- Slide fingers of ungloved hand under remaining glove at wrist
- Peel glove off over first glove
- Discard gloves in waste container
- **Perform hand hygiene**



PROTECTIVE EYEWEAR OR FACE SHIELD

- **Outside of eye protection or face shield is contaminated!**
- To remove, handle by head band or ear pieces
- Place in designated receptacle for reprocessing or in waste container



GOWN

- **Gown front and sleeves are contaminated!**
- Unfasten ties
- Pull away from neck and shoulders, touching inside of gown only
- Turn gown inside out
- Fold or roll into a bundle and discard



MASK or RESPIRATOR

- **Front of mask is contaminated – DO NOT TOUCH!**
- Grasp bottom, then top ties or elastics and remove
- Discard in waste container
- Perform hand hygiene



Perform hand hygiene immediately after removing all PPE

Properly clean equipment

4 Minutes



Always check manufacturer's recommendation for equipment cleaning.



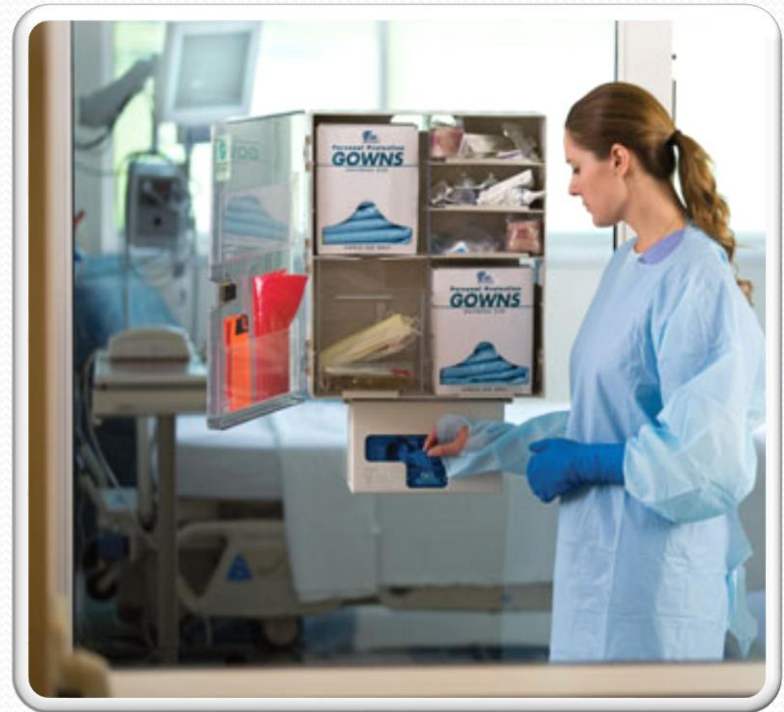
2 Minutes



3 Minutes

In addition to Standard Precautions there are Isolation Precautions...

Contact
Airborne
Droplet
Contact Enteric





Look for and follow instructions posted on the patients door before entering patient room.


STOP CONTACT PRECAUTIONS STOP
(In addition to Standard Precautions)


ALL VISITORS MUST FIRST CHECK IN AT THE NURSES' STATION
to receive instructions before going in the patient's room

Everyone Must:

  Clean hands when going in and out of the room

Doctors and Staff Must:

 Gown and gloves before going in and out of the room

 Use patient dedicated or disposable equipment –
Clean and disinfect shared equipment



For patients with MRSA, or other multi-drug resistant organism

For patients with TB or a novel influenza..


STOP AIRBORNE PRECAUTIONS STOP
(In addition to Standard Precautions)


ALL VISITORS MUST FIRST CHECK IN AT THE NURSES' STATION
to receive instructions before going in the patient's room

Everyone Must:

  Clean hands when going in and out of the room

Doctors and Staff Must:

 Wear a fitted N95 or PAPR unit prior to going in the room

 Negative pressure room required - **KEEP DOOR CLOSED**


For patients with Measles, Mumps or RSV..

STOP DROPLET PRECAUTIONS STOP
(In addition to Standard Precautions)


ALL VISITORS MUST FIRST CHECK IN AT THE NURSES' STATION
to receive instructions before going in the patient's room

Everyone Must:

  Clean hands when going in and out of the room

 Wear a mask

Doctors and Staff Must:


 If contact with secretions, use gown, glove and eye protection

For patients with contagious viral or bacterial diarrhea

STOP CONTACT ENTERIC PRECAUTIONS STOP
(In addition to Standard Precautions)


ALL VISITORS MUST FIRST CHECK IN AT THE NURSES' STATION
to receive instructions before going in the patient's room

Everyone Must:

 Clean hands with **SOAP and WATER** when going **OUT** of the room

 Gown and glove before going **IN** the room

Doctors and Staff Must:

 Use patient dedicated or disposable equipment -
Clean and disinfect equipment with **BLEACH**

TUBERCULOSIS....



TB is primarily spread when a person coughs, sneezes, or talks.

TB Protection



**Required when entering room
of patients placed in airborne precautions.**

**Employee Health does fit testing and training of
PAPRs for all employees who may be treating patients.**

Employee Health



- Immunizations (HepB, Flu, TdAP)
- TB mask fit testing and/or PAPR training
- Employee exposures or injuries (needle stick, body fluid exposure, etc.)

-After Hours: Report to ER
-Always inform your supervisor about any incident

DANG, WE LOST ANOTHER ONE...
MAYBE THIS WHOLE
LAUGHTER THING IS A CROCK.

